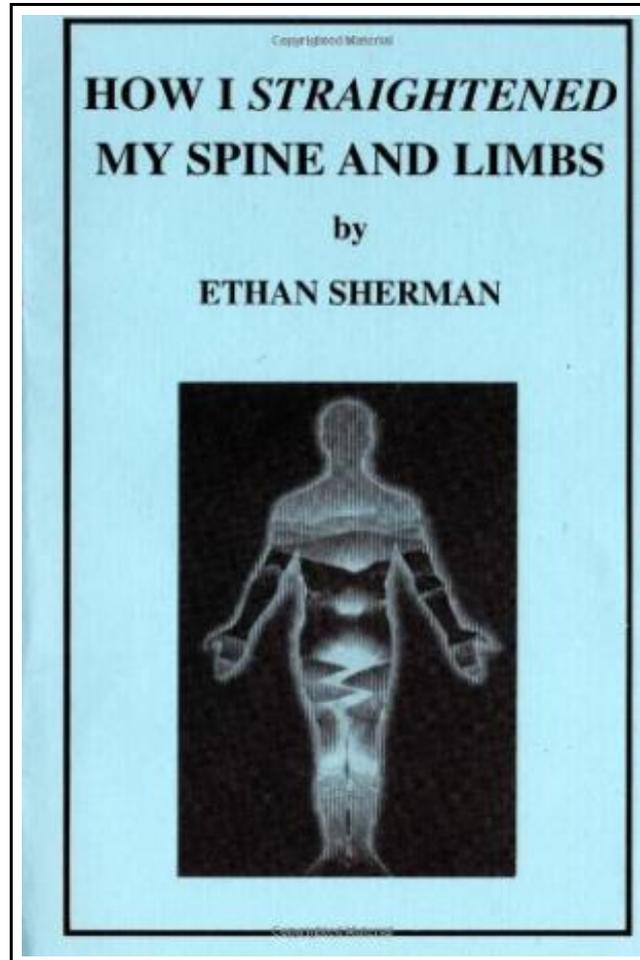


How I Straightened My Spine and Limbs



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(Audrey Lowe I)

HOW I STRAIGHTENED MY SPINE AND LIMBS



Createspace, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.A number of years ago I self-treated my bad back, and in the process actually discovered a method of straightening it, as well as my limbs by utilizing my discovery of the connection between the spinal column and the senses. While I am not a healer but merely a retired home improvement contractor I believe I might have stumbled upon the cure for scoliosis and even muscular dystrophy. Just because the latter disease is hereditary does not mean that genes must be involved in the cure. However nobody should do anything health related on my say so. I have no medical credentials. Never the less I have lived my life differently during these past thirty years than anyone else on the planet. In fact it has probably been different than anybody who has ever set foot on the planet, (although I cannot say this with absolute certainty) and I feel compelled to tell my story. This booklet contains much other information as well; such as the spinal column has a tuning fork quality, and many products emit a sound that utilizes this; breaking down the spine and leading to a vast amount of premature pain and illness. Much existing research verifies this. Stand, take a deep breath, and relax. Place your elbows near your sides, extend your arms, and let your fingers hang limply. Notice you are still. Next turn on the TV and repeat the experiment. Now you should feel a force pushing you one way or the other. I believe that this force is harmful. Much research says that watching a lot of television leads to a number of illnesses. A sedentary lifestyle is given as...



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The Perseus Books Group, United States, 2016. Hardback. Book Condition: New. 210 x 140 mm. Language: English . Brand New Book. One day, third-grade teacher Kyle Schwartz asked her students to fill-in-the-blank in this sentence:

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